

Dr. Monica Dixon has spent the past 25 years speaking to anyone who would listen and more than a few who wouldn't. Whether janitors or Generals, Doctor Dixon has presented to hundreds of thousands throughout her career, authored two books, numerous curriculums and scads of newspaper and magazine articles. She is also a frequent guest on television and radio between a few loads of laundry. Her Ph.D. in Psychology and Master's Degree in Counseling have been great assets to finding creative solutions to help others prosper through life's transitions.

Dr. Dixon is also a health educator and Registered Dietitian, the only nutrition professional recognized by the medical profession. She is the 2005 recipient of the Center for Disease Control's "Leadership by Example" Award for her innovative work in combating obesity in Washington State.

Please join me in welcoming Dr. Monica Dixon...